

Partial Body Massages

Matlai De-Stress Massage 40 min – 120.000 TZS
Back, Neck & Shoulder

Indian Head Massage 30 min – 80.000 TZS
Head & Shoulder

Foot Massage 30 min – 80.000 TZS
Feet & lower legs

Reflex Zone Massage 50 min – 145.000 TZS
A holistic technique that targets specific points on your feet, hands, connected to different areas of your body. Through gentle pressure and precise movements, stimulate these reflex points for enhanced relaxation and better sleep.

Men's Relaxing Massage 60 min – 160.000 TZS
Starting with facial treatment and massage of face, head & shoulder

Hands & Feet

MANICURE with normal nail polish 99.000 TZS

MANICURE with semi permanent nail polish (gel) 145.000 TZS

Normal Nail Polish Change 119.000 TZS

PEDICURE with normal nail polish 119.000 TZS

PEDICURE with semi permanent nail polish (gel) 159.000 TZS

Romantic for Two

Let your soul unwind, cuddle or dream to soft music, candlelight dinner, and sparkling wine.

Included in the arrangement:

- Romantic Floral Bath for 2
- Candlelight dinner & Sparkling wine
- One Aroma Therapy Massages – 60 min per person
- One Facial Treatment per person – 50 min
- Meals for the candle light dinner are excluded and can be chosen with the butler.

In total 300 minutes including quiet times & snacks
Package price 649.000 TZS per person

About Her



Bustani Spa is proudly owned and operated by Maryam Salim Hassan. Trained at Ahlan Palace Institute in Zanzibar Town, Maryam specializes in various classical and Zanzibar-style massage techniques, as well as facial treatments, manicures, and pedicures. Since 2014, she has been dedicated to enhancing the physical and mental well-being of guests at Matlai Hotel.

In 2022, Lilian joined the team, enabling us to offer partner massages and expanding our range of services.

Feel free to enjoy the applications in the massage pavilion surrounded by a tropical garden, on your balcony or terrace, in your room, or even in the garden - whichever location makes you feel most comfortable.

Lilian's Specials



Hot Stone Massage 60 min – 235.000 TZS

Discover the transformative power of hot stone massage, a captivating therapy rooted in ancient Chinese medicine. These natural stones hold remarkable energy, revitalizing your weary body and activating the flow of blood and lymph. Let this extraordinary treatment unveil your inner radiance, leaving your skin luminous from within.

Konokono Massage 60 min – 185.000 TZS

This ancient technique harnesses the power of heated shells sourced from the ocean to provide deep relaxation and harmony. As the warm shells glide over your body, Lilian's skilled touch combines gentle strokes and precise pressure to release muscle tension, ease aches and pains, and promote detoxification.

Bibi Harusi Body Scrub 60 min – 265.000 TZS

Inspired by the rich Swahili culture, this exquisite treatment is designed to prepare the bride's skin for her special day. We are delighted to bring this cherished tradition to you. Perfect for honeymooners, wedding anniversaries, and proposals, this treatment adds a touch of elegance to your celebration. For more information, please ask our Spa ladies.

BUSTANI SPA

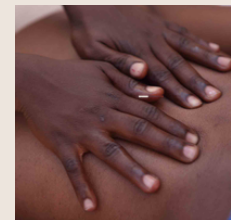
BY MATLAI

RELAX YOUR BODY



Operational Hours

We are operating everyday.
We open at 09.00 am
and close at 06.00 pm.



Give yourself a moment of peace and comfort your skin in the best place

Book directly or through the butler

Holistic Body Massages

Matlai Massage

60 min - 235.000 TZS

Experience ultimate relaxation with our Matlai Massage. Tailor your session by choosing your desired pressure level, complemented by the calming touch of our garden-sourced coconut oil. This natural therapy revitalizes both body and mind, ensuring a rejuvenated and harmonious feeling. Alternatively, explore our handpicked range of essential oils for a personalized touch.

Mchai Chai Massage

50 min - 119.000 TZS

Mchai chai in swahili means lemon grass.

Embark on a journey of tranquillity with our Machi Chai Massage, inspired by the invigorating essence of lemongrass oil. Experience a fusion of skilled touch and aromatic delight as stress and tension dissolve, leaving you renewed and invigorated.

Zanzibar Massage

50 min - 145.000 TZS

It provides an indulging sense of relaxation. Pure massage oil combined with medium pressure kneading and rubbing increase the circulation and soothe the muscles.

Deep Tissue Massage

50 min - 185.000 TZS

Similar to Swedish Massage, by incorporating intensified and deep pressure, this treatment uniquely focuses on deeper muscles, revitalising your body and leaving you refreshed.

Aroma Therapie Massage

60 min - 235.000 TZS

A gentle and rejuvenating treatment thoughtfully crafted for both healing and relaxation. Choose two distinct essential oils from our selection. This massage will treat all areas of the body most prone to stress and tension, and you'll leave feeling renewed.

African Wood Massage

50 min - 159.000 TZS

Inspired by African traditional healing beliefs, this distinctive ritual celebrates our connection with nature. Your body is cocooned in warm oil for enhanced circulation. Experience the added touch of warm African wood, harmonising centuries-old wisdom and nature's embrace in a rejuvenating journey.



Book 3 massages and get a discount of 10%



All bath treatments start with a relaxing foot massage and end with a 50-minute full body massage.

Swahili Herbal Bath Experience

Relax in a rejuvenating fusion of boiled herbs & get covered by healing Mbono Leaves, cocooning you for relaxation.

Floral Spice Fusion

Luxuriate in a bath infused with the harmonious mix of dry flowers, sea salt, clove & cinnamon.

Cleopatra Bath

Embark on a journey of decadence reminiscent of Cleopatra's legendary beauty rituals. Our luxurious bath treatment combines the timeless allure of milk and honey, complemented by a soft back scrub infused with coconut crusts and milk.

Special Treatments

Body Scrub

50 min - 159.000 TZS

Excellent to prepare the skin to a massage & before sun bathing.

Your choice: Zanzibar Spice, Tanzania Coffee, or Sea Salt & Oil

Holistic Fitness for Men

60 min - 199.000 TZS

Energising massage infused with homemade clove and rosemary oil, harmonised with tailored dynamic stretches. Unlocks muscle tension, soothes aches, and revitalises weary muscles. Elevates your pre- and post-workout.

Sun Burn Treatment

60 min - 145.000 TZS

with natural Aloe Vera completed with head & face massage

Natural Facial Treatment

50 min - 145.000 TZS

Intensive cleaning, de-stressing facial massage & facemask plus a relaxing head massage.



Herbal Foot Retreat: Where Nature Meets Relaxation

Mbono Leaves Treatment 35 mins - 90.000 TZS

Explore the healing wonders of Mbono leaves (Jatropha curcas), renowned for their medicinal properties. Enjoy a luxurious foot soak infused with freshly harvested green Mbono leaves, offering:

- Improved Circulation: Stimulates blood flow, promoting overall vitality.
- Reduced Inflammation: Soothes tired, achy feet, relieving discomfort.
- Enhanced Foot Health: Invigorates and revitalizes, fostering well-being.

Sea Salt Treatment with Lime and Vinegar

30 mins - 69.000 TZS

Revitalize your feet with our invigorating Sea Salt Treatment, crafted with the zest of lime and the cleansing power of vinegar.

- Exfoliates Dead Skin Cells: Natural sea salt gently removes dead skin cells for smoother, softer feet.
- Cleanses and Revitalizes: Lime refreshes the senses while vinegar purifies and revitalizes tired feet.
- Balances pH Levels: Vinegar restores the skin's natural pH balance.
- Detoxifies and Purifies: Lime and vinegar detoxify, drawing out impurities for a fresh, pure feeling.

Herbal Compresses Treatment with Hot Spiced Water 30mins - 69.000 TZS

Relax and rejuvenate your feet with our Herbal Compresses Treatment. Soak in hot spiced water while aromatic herbal compresses soothe your knees and feet.

- Relieves Muscle Tension and Fatigue: Eases discomfort and tiredness.
- Improves Circulation and Reduces Swelling: Enhances blood flow and reduces puffiness.
- Aromatic Herbs Promote Relaxation: Provides stress relief and a calming experience.

