

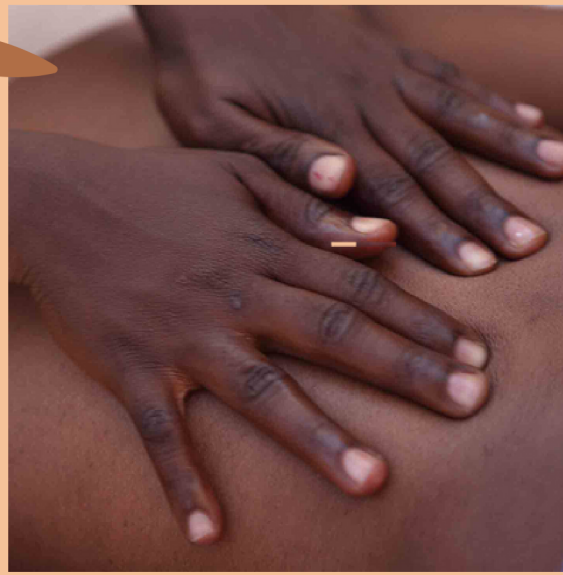


## About Her

Bustani Spa is a company owned & run by Maryam Salim Hassan. She has been trained at Ahlan Palace Institute, Zanzibar Town, specialising in different classical and Zanzibar style massage techniques, facial treatment, manicure and pedicure. Since 2014 she has been working at Matlai Hotel, seeking to contribute to the physical and mental wellbeing of the guests.



The Bustani Spa treatments combines Oriental, Asian and European techniques with Zanzibar spices, oils and herbs. For each massage your therapists analysis will ensure that you receive a personalized treatment to suit your individual needs. Choose from our luxurious selection of holistic massages. Feel free to enjoy the applications in the massage pavilion surrounded by a tropical garden, on your balcony or terrace, in your room, or even in the garden - whichever location makes you feel most comfortable.



We will relax  
your body with  
spa & massage



## Operational Hours

We are operating everyday.  
We open at 09.00 am  
and close at 06.00 pm.

Book directly or  
through the butler

# BUSTANI SPA

BY MATLAI

RELAX YOUR BODY



Give yourself a moment of  
peace and comfort your skin  
in the best place

## Holistic Body Massages

**Matlai Massage** 60 min - 88 \$  
Experience ultimate relaxation with our Matlai Massage. Tailor your session by choosing your desired pressure level, complemented by the calming touch of our garden-sourced coconut oil. This natural therapy revitalizes both body and mind, ensuring a rejuvenated and harmonious feeling. Alternatively, explore our handpicked range of essential oils for a personalized touch.

**Mchai Chai Massage** 50 min - 45 \$  
Mchai chai in swahili means lemon grass. Embark on a journey of tranquillity with our Machi Chai Massage, inspired by the invigorating essence of lemongrass oil. Experience a fusion of skilled touch and aromatic delight as stress and tension dissolve, leaving you renewed and invigorated.

**Zanzibar Massage** 50 min - 55 \$  
It provides an indulging sense of relaxation. Pure massage oil combined with medium pressure kneading and rubbing increase the circulation and soothe the muscles.

**Deep Tissue Massage** 50 min - 70 \$  
Similar to Swedish Massage, by incorporating intensified and deep pressure, this treatment uniquely focuses on deeper muscles, revitalising your body and leaving you refreshed.

**Aroma Therapie Massage** 60 min - 88 \$  
A gentle and rejuvenating treatment thoughtfully crafted for both healing and relaxation. Choose two distinct essential oils from our selection. This massage will treat all areas of the body most prone to stress and tension, and you'll leave feeling renewed.

**African Wood Massage** 50 min - 60 \$  
Inspired by African traditional healing beliefs, this distinctive ritual celebrates our connection with nature. Your body is cocooned in warm oil for enhanced circulation. Experience the added touch of warm African wood, harmonising centuries-old wisdom and nature's embrace in a rejuvenating journey.

Book 3 massages and get a discount of 10%

## Luxurious Bath Treatments 120 \$

**Swahili Herbal Bath Experience**  
Relax in a rejuvenating fusion of boiled herbs & get covered by healing Mbono Leaves, cocooning you for relaxation.

**Floral Spice Fusion**  
Luxuriate in a bath infused with the harmonious mix of dry flowers, sea salt, clove & cinnamon.

**Cleopatra Bath**  
Embark on a journey of decadence reminiscent of Cleopatra's legendary beauty rituals. Our luxurious bath treatment combines the timeless allure of milk and honey, complemented by a soft back scrub infused with coconut crusts and milk.

All bath treatments start with a relaxing foot massage and end with a gentle head massage.

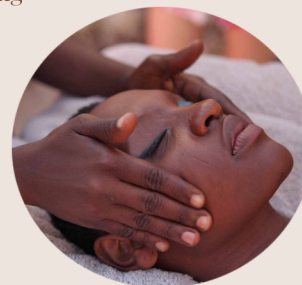
## Special Treatments

**Body Scrub** 50 min - 60 \$  
Excellent to prepare the skin to a massage & before sun bathing.  
Your choice: Zanzibar Spice, Tanzania Coffee, or Sea Salt & Oil

**Holistic Fitness for Men** 60 min - 75 \$  
Energising massage infused with homemade clove and rosemary oil, harmonised with tailored dynamic stretches. Unlocks muscle tension, soothes aches, and revitalises weary muscles. Elevates your pre- and post-workout.

**Sun Burn Treatment** 60 min - 55 \$  
with natural Aloe Vera  
completed with head & face massage

**Natural Facial Treatment** 50 min - 55 \$  
Intensive cleaning, de-stressing facial massage & facemask plus a relaxing head massage.



## Romantic for Two

Let your soul unwind, cuddle or dream to soft music, candlelight, and sparkling wine.

Included in the arrangement:

- Romantic Floral Bath for 2 by candlelight & sparkling wine - 120 min (including quiet times)
- 2x Aroma Therapy Massages - 60 min
- 2x Facial Treatment - 50 min

In total 300 minutes including quiet times & snacks

Package price 520 \$ for 2

## Partial Body Massages

**Matlai De-Stress Massage** 40 min - 45 \$  
Back, Neck & Shoulder

**Indian Head Massage** 30 min - 30 \$  
Head & Shoulder

**Foot Massage** 30 min - 30 \$  
Feet & lower legs

**Reflex Zone Massage** 50 min - 55 \$  
A holistic technique that targets specific points on your feet, hands, connected to different areas of your body. Through gentle pressure and precise movements, stimulate these reflex points for enhanced relaxation and better sleep.

**Men's Relaxing Massage** 60 min - 60 \$  
Starting with facial treatment and massage of face, head & shoulder

## Hands & Feet

**MANICURE** with normal nail polish 40 \$

**MANICURE** with semi permanent nail polish (gel) 55 \$

**Normal Nail Polish Change** 15 \$

**PEDICURE** with normal nail polish 45 \$

**PEDICURE** with semi permanent nail polish (gel) 60 \$